Philadelphia's Overdose Response 2023

Keli McLoyd, JD Deputy Director Opioid Response Unit Managing Director's Office

phila.gov/opioids

Opioid Response Unit

• The Opioid Response Unit (ORU) operates out of the Managing Directors Office to ensure City departments are operating under a unified response to the overdose crisis.

 Guided by twelve strategic initiatives, the ORU is focused on preventing overdose, supporting treatment and harm reduction as it relates to chaotic substance use and helping impacted communities recover.

The ORU oversees four strategy workgroups

1 Community Support

2 Public Safety

3 Prevention

4 Treatment



2023 Action Items

PREVENTION

- * Develop and implement a data driven Citywide Strategic Harm Reduction Plan to
- **Target overdose prevention education** including increased risk due to Fentanyl in drug supply, impacts of Xylazine, polysubstance use, and stimulant overdose risk
- Increase awareness and utilization of Naloxone and Fentanyl test strips
- Ensure culturally competent communication strategies
- Offer supportive services to families impacted by substance misuse
- Increase engagement and distribution of harm reduction supplies to faith-based communities, businesses, supermarkets, and convenience stores

* Expand Harm Reduction services citywide with a focus on targeted zip codes

* Sustain Alternative Response Unit (AR-2) and scope expansion of services and interventions that include an EMS component

Develop targeted culturally competent curriculum and engagement materials informed by the Citywide Strategic Harm Reduction plan:

- Juvenile justice, child welfare involvement
- Black Maternal/Family engagement
- Faith-based communities
- LGBTQIA+
- Residents that have Limited English Proficiency (LEP)



TREATMENT

* Launch mobile methadone program and operate mobile methadone units



Expand 100 Day Challenge mobile wound care pilot to two mobile wound care vans with expanded geographic reach and after-hours operations

Scope physical health reimbursement and explore coordination with a federally qualified health care center (FQHC) for mobile wound care

* Scope contingency management model to pilot in 2024 and explore national evidence-based practices specific to abating stimulant use

*OD Stat Recommendation **Scope process to ensure treatment system agility,** adjust to changes in drug supply and increase in overdoses from polysubstance and non-opiates



PUBLIC SAFETY

Implement post-arrest, pre-arraignment physical health and behavioral health supports in addition to connections to services

for all individuals arrested and awaiting arraignment in East Division



Implement Drug Market Intervention in East Division to disrupt the open-air drug markets in coordination with local, state, and federal law enforcement agencies

Expand East Division Police Assisted Diversion (PAD) to larger site more suitable for processing and service delivery for PAD arrest referrals

Ensure safety and security for Free Library and Parks and Recreation programming e.g. Play Parks, Swim Philly, and Play Streets, movie nights, etc.

PUBLIC SAFETY

Increase data-sharing and public information for the Accelerated Misdemeanor (AMP) court diversion program



Support the Philadelphia School District Opioid Task Force's next steps and recommendations to address safety and quality of life concerns, and increase city services in and around schools impacted by the opioid epidemic

Coordinate with SEPTA to address safety, security, and quality of life concerns on transit lines and adjacent to transit hubs

Increase enforcement of quality-of-life concerns, focusing on criminal prosecution and civil fines for illegal dumping, and continued coordination of the Nuisance Business Task Force

COMMUNITY SUPPORT

Launch citywide Opioid Settlement Community Prevention Fund with focus on target zip codes with highest overdoses in 2021

Sustain Kensington Community Resilience Fund in 2023 and build the capacity of grantees via learning communities

Collaborate with community driven, trauma informed Kensington master planning efforts

with equity-focused investments in home repairs, public schools, parks, and safe corridors



- Housing Smart Re-entry
- Progress Haven 2
- Housing First Pathways
- Rapid Rehousing: Street to Home
- Shallow Rent: Home \$200
- OUD/Serious Medical Need

Increase awareness of and simplify access to trauma resources

in targeted zip codes with highest fatal overdoses in 2021



COMMUNITY SUPPORT

Implement culturally competent community engagement plan focused on 2021 target OD zip codes *informed by Prevention strategy group's 2023 Citywide Harm Reduction Plan.*

* Scope feasibility, identify an operational framework for a sobering center



Sustain weekly Kensington-based Wellness Resource Fair in 2023 and scope feasibility for expansion to other impacted communities

Support Public Safety Strategy's Drug Market Intervention (DMI) with community support and city services at locations where law enforcement interventions occur *see Public Safety action item*

*OD Stat Recommendation

Coordinate with PHDC to increase community outreach regarding programs and resources for residents

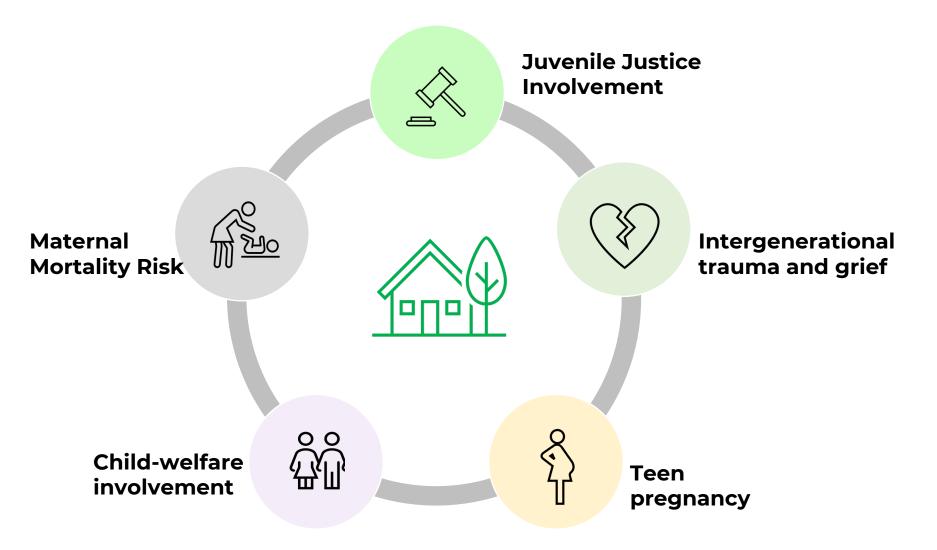
e.g. Basic Systems Home Repair, increase applications from targeted zip codes with an increase in fatal overdoses in 2021

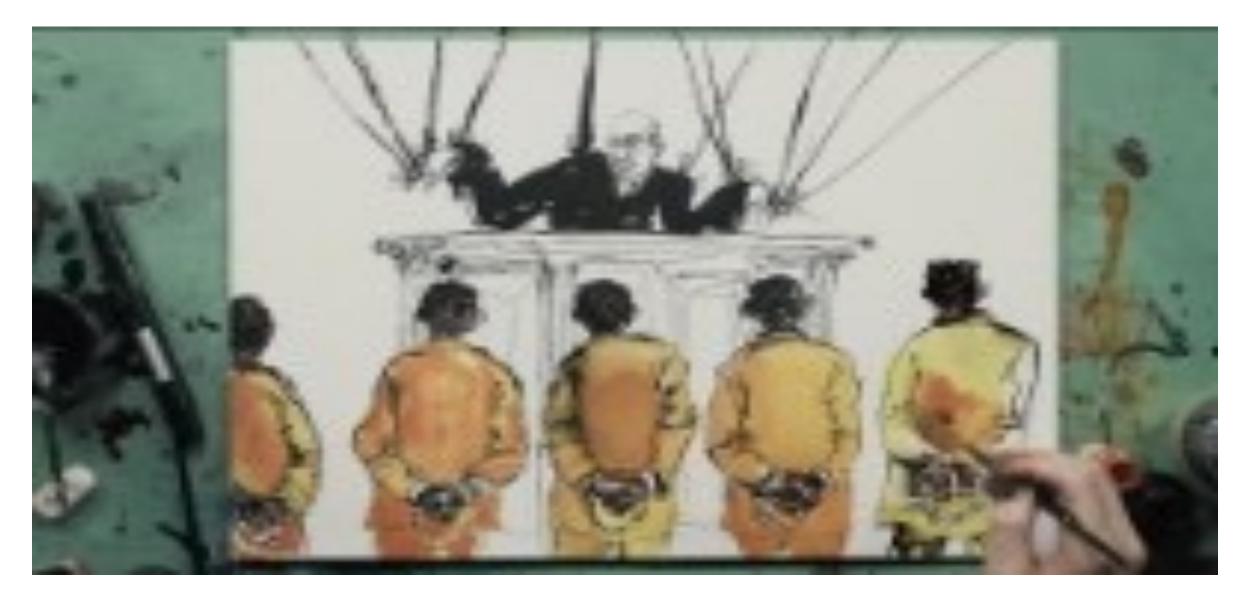
There is no thing as a "single-issue struggle" because we do not live single-issue lives.

– Audre Lorde

To understand the overdose crisis,

we must recognize the intersectional nature of "systems"

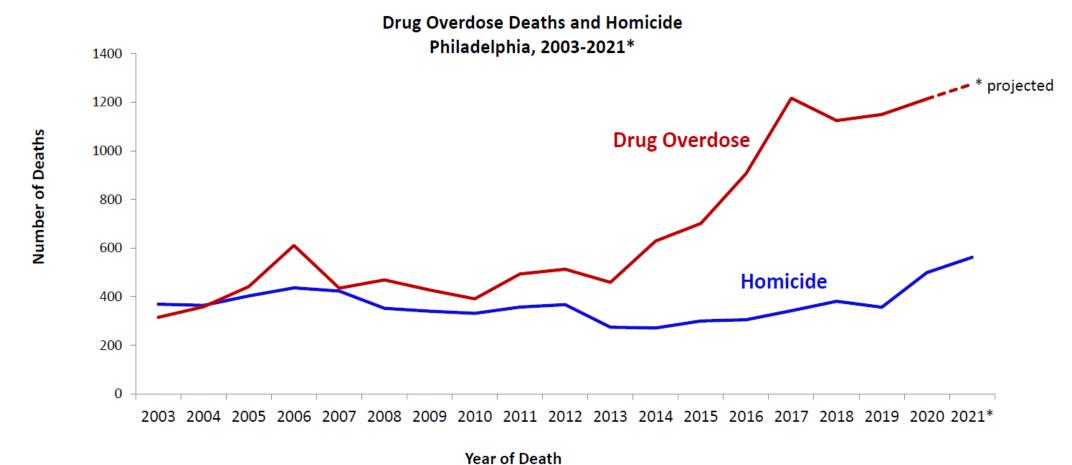




What is the Drug War? | Drug Policy Alliance

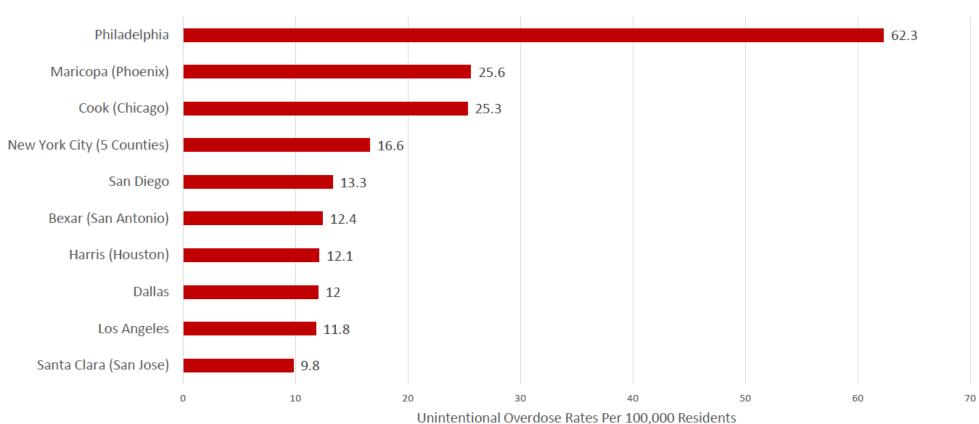
Overdose trends in Philadelphia

Drug overdoses cause **more than twice** as many deaths as homicides in Philadelphia





Philadelphia has the **highest** overdose death rate of the largest U.S. cities



2019 Unintentional Overdose Rates in Counties Associated with Top 10 Largest US Cities

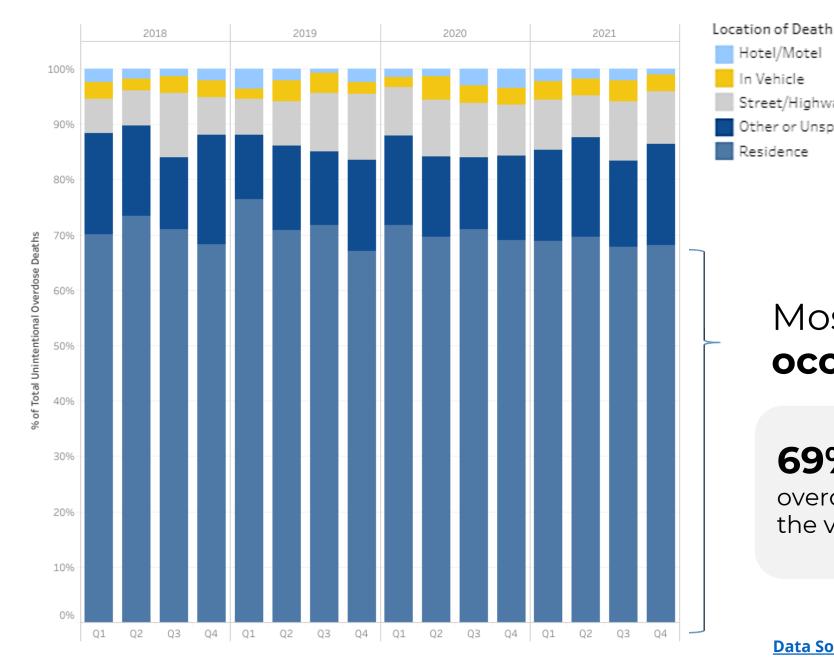


The overdose crisis **is citywide**

19134 Kensington
19140 Tioga
19124 Frankford
19133 Fairhill
19132 Allegheny West

Data Source: Philadelphia Medical Examiner's Office

Unintentional Fatal Overdoses by Incident Location, 2016-2021



In Vehicle Street/Highway Other or Unspecified Residence

Hotel/Motel

Most overdoses occur at home

69% of unintentional overdose deaths occurred in the victim's residence in 2021.

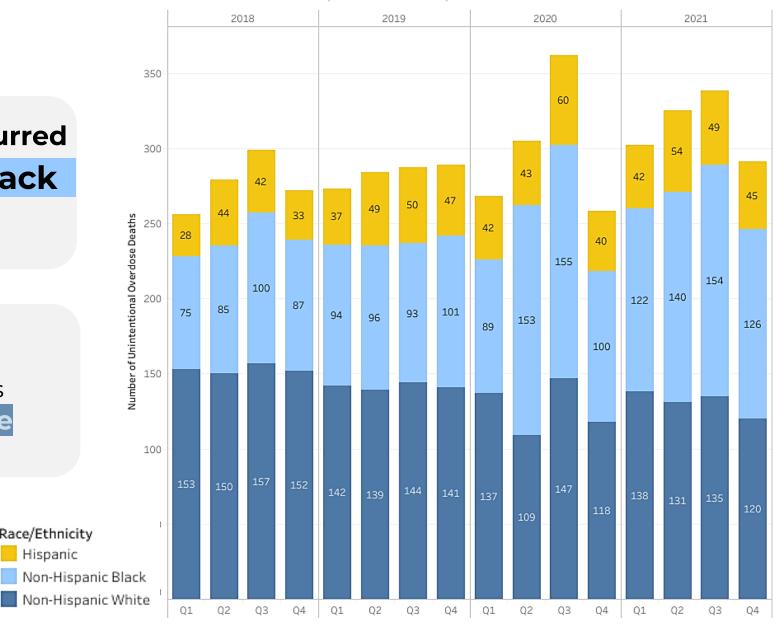
Data Source: Philadelphia Medical Examiner's Office

Unintentional Overdose Deaths by Race and Ethnicity, 2018 - 2021

42% of overdoses occurred among non-Hispanic Black Philadelphians

in 2021

For the first time, this was higher than the number of fatal overdoses among non-Hispanic White Philadelphians

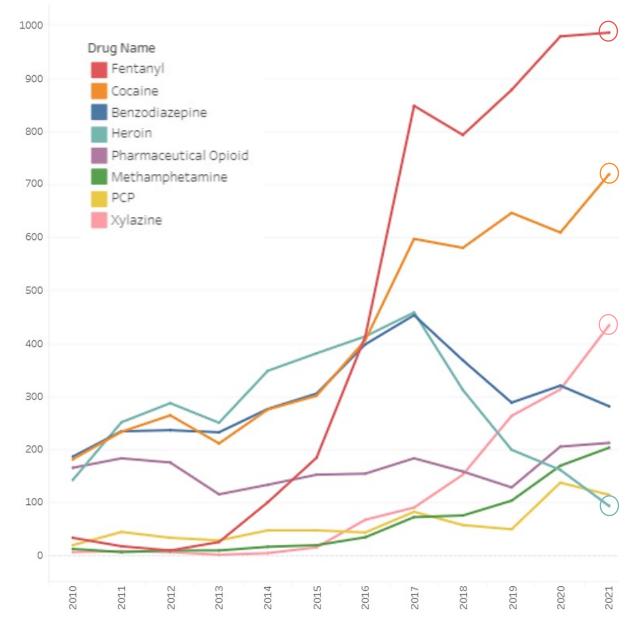


Race/Ethnicity Hispanic

Unintentional Drug Overdose Deaths by Specific Drugs Involved, 2010-2021

The changing drug supply is driving overdose deaths

Fentanyl
 Cocaine
 Xylazine



What are opioids?

OPIOIDS

A BREAKDOWN OF THE INVISIBLE OVERDOSE CRISIS IN THE BLACK COMMUNITY

OPIOIDS: A Breakdown of the Invisible Overdose Crisis in the Black Community | DBHIDS

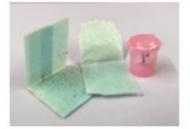
Opioids are drugs used to control pain





Prescription pain relievers Oxycotin, Morphine, Percocet, Vicodin

Substances derived from or similar to opium



Street drugs heroin, fentanyl

Poppy opium

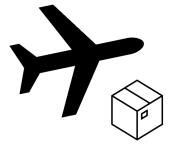


Methadone Suboxone (Bupe)

What is **fentanyl?**

Fentanyl is a synthetic opioid 50-100X

stronger than morphine





Since 2013, illicitly manufactured **fentanyl** has been shipped from overseas to U.S.



No drug use is 100% safe. Use with someone else around and always have naloxone

Fentanyl is also found contaminating other street drugs, often unknown to the user

Fentanyl has been found in these substances:

M30 pills

V48 & A215 pills

Powders

Public Health

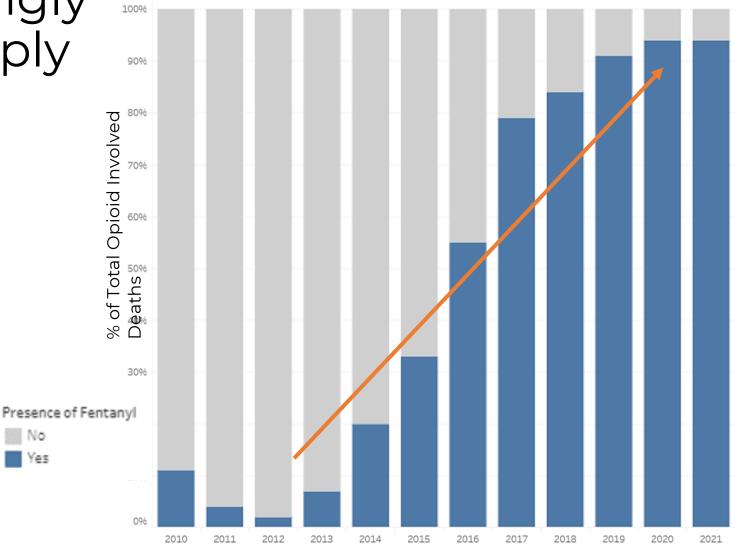
Since 2013, fentanyl has been increasingly found in drug supply

94%

of all overdose deaths had fentanyl present in 2021

77%

of drug overdoses involving pharmaceutical opioid had fentanyl Percentage of unintentional opioid-related overdose deaths with Fentanyl or a Fentanyl Analog Present (2010-2021)



Data Source: Philadelphia Medical Examiner's Office

What are stimulants? class of drugs

- Includes cocaine, amphetamines (speed), meth, caffeine and nicotine
- Speeds up messages traveling between the brain and the body, making a person feel more alert
- Stimulants might be mixed with a depressant such as opioids, benzodiazepines or alcohol

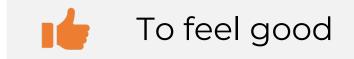
What is xylazine? also known as "trang" or "trang dope"

- An animal tranquilizer not approved for human use
- Has been found cut with fentanyl and cocaine to give a longer-lasting high
- Causes severe skin wounds that can lead to loss of limb if left untreated
- Does not respond to naloxone (Narcan) or other forms of traditional opioid reversal because <u>it is not an opioid</u>

What is substance use?

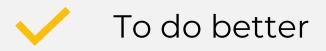
Substance use refers to <u>any</u> use of drugs

- This includes legal drugs and illegal drugs
- It may include mild, moderate, or severe substance use disorder as well as recreational drug use.





Why do people use substances?

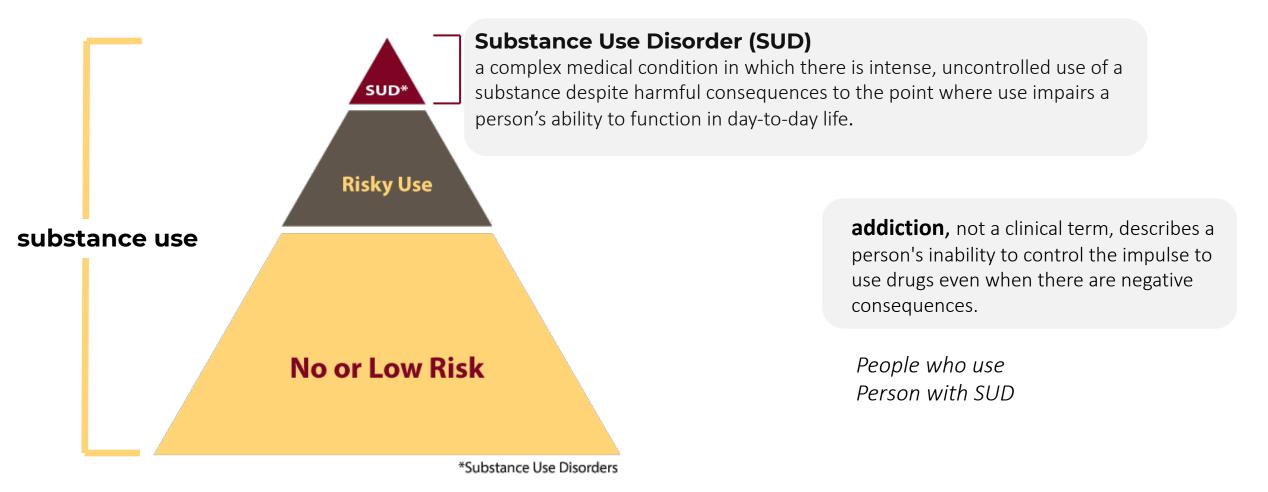


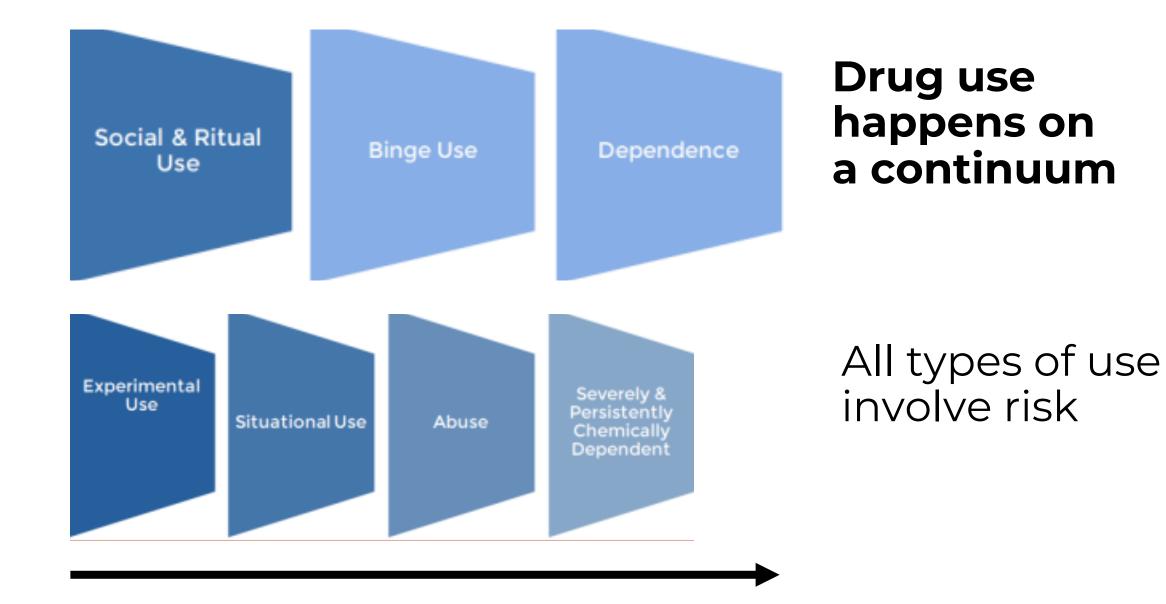


Curiosity and social pressure

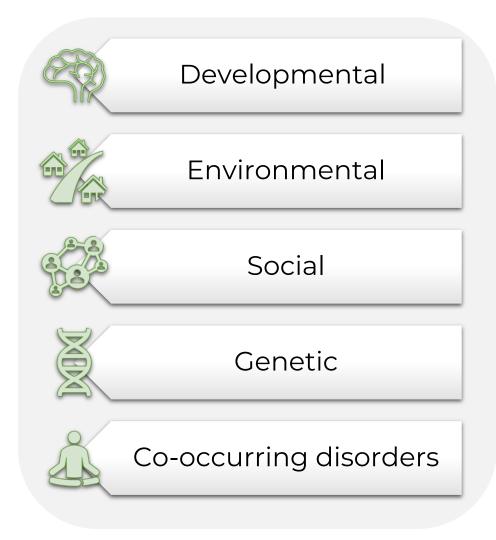


(NIDA, 2018)





Risk factors related to substance misuse



(U.S. Department of Health and Human Services, 2016; NIDA 2018)

What **treatment** is available for Opioid Use Disorder?

In Pennsylvania, the gold standard for treating OUD is **Medication for Opioid Use Disorder (MOUD)***

*Formerly known as Medication Assisted Treatment (MAT): Use of an FDA-approved medication and a behavioral health intervention

Medications for OUD



Buprenorphine/ suboxone

- Daily medication as a film or tablet
- Curbs opioid cravings

Methadone

- Daily medication as pill or liquid
- Curbs opioid cravings & manages withdrawal

Vivitrol

- Monthly injection
- Binds & blocks opioid receptors to reduce cravings
- Daily pill form(Naltrexone)

How to spot an opioid overdose:

Call 911 immediately if a person exhibits ANY of the following symptoms:

- > Extreme sleepiness, nodding, or can't stand up
- Slow, irregular or stopped breathing
- Not snoring regularly, not catching breath during sleep
- > Gurgling
- > Pale, grayish or ash-like complexion.
- > Lips and nails turning blue or purple

What to do if someone may be experiencing an overdose:

- If you suspect someone is having an overdose, call 911 immediately and stay until EMS arrives.
- You can use **naloxone** to reverse an opioid overdose.

Learn how by signing up for a free training by the health department:



Resources & Services

If you or anyone you know is interested in services, please call one of the numbers below:

Access Treatment:

o Call Community Behavioral Health's Member Services at 888-545-2600.

Order free naloxone:

 You can access free naloxone, a medication that reverses opioid overdose, by visiting **nextdistro.org**

- Homeless Outreach Hotline
 - o 215-232-1984

Resources & Services

If you or anyone you know is interested in services, please call one of the numbers below:

- Philadelphia Crisis Line (Suicide and Behavioral Health Crisis)
 988
- Mental Health & Substance Use Services

 888-545-2600 or visit CBHPhilly.org
- Network of Neighbors (Trauma Support)
 267-233-4837
- Information, Intervention, Recovery Support Line:
 0 1(800)-221-6333

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