

**HIV Integrated Planning Council of the Philadelphia EMA  
Meeting Minutes**

**Thursday, November 9, 2017**

**2:00-4:00p.m.**

Office of HIV Planning, 340 N. 12<sup>th</sup> Street, Suite 320, Philadelphia, PA 19107

**Present:** Tre Alexander, Katelyn Baron, Juan Baez, Henry Bennett, Johnnie Bradley, James Breinig, Michael Cappuccilli, Mark Coleman, Cheryl Dennis, Tiffany Dominique, Alan. Edelstein, David Gana, Gus Grannan, Sharee Heaven, Peter Houle, La'Seana Jones, Gerry Keys, George Matthews, Loretta Matus, Dorothy McBride-Wesley, Nicole Miller, Jeanette Murdock, Christine Quimby, Joseph Roderick, Samuel Romero, Terry Smith-Flores, James Tarver, Coleman Terrell—*AACO*, Adam Thompson, Leroy Way, Lorrita Wellington, Melvin White, Robert Woodhouse

**Excused:** Kevin Burns, Jen Chapman, Tessa Fox, Sayuri Lio, Gail Thomas, Jacquelyn Whitfield

**Absent:** Bikim Brown, Keith Carter, Martha Chavis, Karen Coleman, Pamela Gorman, Abraham Mejia, Ann Ricksecker, Carlos Sanchez, Nurit Shein

**Guests:** Ameenah McCann-Woods—*AACO*, Marcy Witherspoon

**Staff:** Mari Ross-Russell, Nicole Johns, Debbie Law, Briana Morgan, Stephen Budhu

**Call to Order:** K. Baron called the meeting to order at 2:09 p.m.

**Welcome/Introductions/Icebreaker Activity:** K. Baron welcomed the HIPC members and guests. Those who were present introduced themselves.

**Approval of Agenda:** K. Baron presented the agenda for approval. **Motion:** G. Keys moved, D. Gana seconded to approve the updated agenda. Motion passed: All in favor.

**Approval of Planning Council Minutes:** (October 12, 2017): K. Baron presented the minutes for approval. **Motion:** J. Breinig moved, L. Way seconded to approve the October 12, 2017 minutes. Motion passed: All in favor.

**Report of Co-Chair:** T. Alexander informed the committee that he would be stepping down from his co-chair position after 5 years of service to the Planning Council. He stated he was honored to be part of this council, and he thanked everyone for allowing him to serve.

K. Baron stated there are leadership opportunities within HIPC and she invited all to inquire further with herself or OHP staff. She stated there is always space for new members and encouraged the council to invite people to meetings that may be interested. She explained it was a legislative requirement that the Planning Council includes those from the affected community. She explained because of this requirement it is important for HIPC members to invite community members they feel are/will be interested in HIPC membership.

C. Terrell stated that the Ryan White Part A application was submitted to HRSA. He stated the official request was for 105% of current funding levels, a 5% percent budget increase from the previous year. He informed the council Philadelphia has received funding to do a pilot study of NHBS<sup>1</sup> with transgender women. C. Terrell

1. In reference to the National HIV Behavioral Surveillance (NHBS). For more info visit <https://www.cdc.gov/hiv/statistics/systems/nhbs/index.html>

He explained larger programs are more likely to purchase food in bulk since they are less likely to have cash-flow issues. He reiterated there has been less carryover funding in the past 2 years. T. Dominique asked if the recipient could specify where funding goes. She asked if it is possible to depict funding that is spent on personnel versus spending on food. A. Edelstein stated all the funding that was being reallocated was going to the purchase of food. A. McCann-Woods reiterated the funding was not going to be used on personnel in any way, and it would be spent solely on food. A. Edelstein stated there would be other reallocation requests as the fiscal year continues. C. Terrell stated the funding could not be used for staff because there's no certainty in funding from year to year.

**Motion: The Finance Committee moved to approve the reallocation request as outlined.**

**Motion passed: 23 in favor, 1 opposed, 5 abstained.**

**Discussion Item: None**

**Special Presentation:**

- Trauma-Informed Care (*Marcy Witherspoon*)

M. Witherspoon greeted the council and thanked them for the opportunity to present. She stated she is a social worker in Philadelphia and she encouraged all HIPC members to ask questions. She introduced the phrase trauma-informed care to the council and explained health policy makers and practitioners are trying to incorporate trauma-informed care nationwide. She explained they will talk about childhood trauma., the Adverse Childhood Event (ACE) study<sup>2</sup>, and trauma-informed principle. She showed the council Jean Paul Sarte, who was a French philosopher that hypothesized early childhood experiences could influence brain structure. She noted, even during gestation, children experience events that help shape brain structure and sorting. She shared an anecdote about one of her patients who experienced trauma during early childhood. After the story she asked the committee if they remember traumatic events or any events from infancy or early childhood. She explained, even though we may not remember specific events from when we were younger, the human brain takes to account those events that are traumatic and emphasizes stressful events. She noted stressful events are often re-enacted. She shared a story about one of her younger clients that experienced trauma in early childhood and reenacted the event. She explained that the re-enactment of traumatic experiences is the brain's way of stress release. She noted animals automatically release stress, but human beings often overthink situations/events and do not allow de-stressing to occur.

M. Witherspoon defined trauma as when one's internal resources are not enough to deal with one's external threats. These events are deeply depressing and threatening and can have long lasting negative effects. She made note traumatic experiences are not the same from person to person. She informed the committee trauma comes in many forms, and she asked the committee to share what events they perceive to be traumatic. Various members of the committee stated they felt trauma was abuse, mental abuse, child abuse, visual/events that are scary, death, and etc. She stated trauma was under reported in the nation and often we as people are not looked at holistically. She explained people are tested for cholesterol or viral load, but traumatic experiences of that person are not accounted for.

M. Witherspoon went over a diagram that showed the trauma cycle and how trauma can start in the fetus during pregnancy. She stated a stressed pregnant woman produce cortisol<sup>3</sup> that this shared with the fetus and cortisol over-stimulates neural receptors, which causes stress. T. Dominique asked if all adult trauma was linked to childhood trauma/exposure to cortisol.

2. The ACE study can be found here [http://www.ajpmonline.org/article/S0749-3797\(98\)00017-8/pdf](http://www.ajpmonline.org/article/S0749-3797(98)00017-8/pdf)

3. Cortisol is the hormone that is often associated with stress, for more info <https://www.hormone.org/hormones-and-health/hormones/cortisol>

## **Report of Committees**

### **Comprehensive Planning Committee—*A. Thompson, Chair***

A. Thompson stated the committee received a preview of the consumer survey report in the last meeting. He noted the committee is reviewing the integrated plan. He specified the committee is looking at gaps in housing for people living with HIV, and transportation. He explained the goal is to identify new solutions to gaps in care. He added in the next meeting the committee will participate in a brainstorming activity to gather new ideas and identify potential solutions. He informed the council the committee is recruiting a new co-chair and he invited all to attend meetings and inquire about co-chair leadership.

### **Executive Committee**

K. Baron stated the Executive Committee has not met. No further report.

### **Finance Committee—*A. Edelstein and D. Gana, Co-Chairs***

No further report.

### **Needs Assessment —*G. Keys, Chair***

K. Baron stated the Needs Assessment Committee still meets with the Comprehensive Planning Committee. No further report.

### **Positive Committee—*K. Carter and J. Murdock, Co-Chairs***

N. Johns stated the next meeting is Monday, November 12, 2017 at noon. She stated in the last meeting the committee discussed the new CDC announcement that those undetectable viral loads pose no risk of sexual transmission, and she added the committee watched videos about the topic. She announced the Positive Committee has a new co-chair, J. Murdock.

### **Nominations Committee—*K. Burns and M. Cappuccilli, Co-Chairs***

M. Cappuccilli stated the committee just met and reviewed attendance and the language of the HIPC application. He stated the Nominations Committee has decided to recommend the Executive Committee draft language that updates attendance policies for the Officers of HIPC (co-chairs). He stated that the committee reviewed the attendance for all HIPC members and noted there were 7 individuals who were in violation. He stated those individuals who were in violation would be contacted via email. K. Baron stated the Executive Committee will work on scheduling a meeting. M. Cappuccilli informed the council the AACO Director's meeting is Friday, November 10, 2017. He explained there would be an opportunity for recruitment for the HIPC. He stated he would be sharing his experiences with potential HIPC members and he invited the council to attend.

### **Prevention Committee—*L. Matus and C. Steib, Co-Chairs***

C. Steib stated in the last meeting the committee reviewed the Mayor's Opioid Task Force recommendations. He stated the committee is reviewing substance use and HIV risk. He stated the committee is looking for new members and invited all to attend. He notified the council the next meeting was scheduled for Wednesday, November 15, 2017 from 2:30-4:30pm. He noted the new PrEP workgroup was also scheduled to meet the same day directly before the regular Prevention Committee meeting from 1-230pm.

**Old Business:** None

**New Business:** None